To ensure a successful exam, please follow all instructions carefully.

You MUST arrange a ride for the day of your exam. If you fail to arrange acceptable transportation, your procedure will need to be rescheduled. If you have diabetes, ask your physician for diet and medication instructions. If you are or may be pregnant, please discuss the risks and benefits of this procedure with your doctor. Please bring a list of all of your current medications, including any over-the-counter medications with you. If you must cancel or reschedule your appointment, please call your doctor’s office as soon as possible.

7 DAYS BEFORE YOUR PROCEDURE:
If you take aspirin or NSAIDS such as Advil, Motrin, Celebrex or Ibuprofen, you may continue to take them as usual unless otherwise instructed by your physician. You should discuss this with your physician in advance of the procedure. Ask your doctor for specific instructions if you take a blood thinner like Plavix, Pradaxa, Clopidogrel, Coumadin, Warfarin, Effient, Prasugrel or Lovenox.

1 DAY BEFORE YOUR PROCEDURE:
Stop eating all solid foods no later than midnight. Clear liquids are acceptable to drink. Do not consume any red or purple liquids or alcohol.

Day of your procedure:
Stop drinking clear liquids 6 hours prior to your exam. You may take all of your usual morning medications with 4 oz of water up to 3 hours prior to your procedure. Bring a list of all of your current medications, including any over-the-counter medications, with you.