

Esophageal Motility (Manometry) Instructions

To ensure a successful exam, please follow all instructions carefully.

If you have diabetes, ask your physician for diet and medication instructions. If you are or may be pregnant, please discuss the risks and benefits of this procedure with your doctor. Please bring a list of all of your current medications, including any over-the-counter medications with you. ***If you must cancel or reschedule your appointment, please call your doctor's office as soon as possible.***

2 DAYS BEFORE YOUR PROCEDURE:

Do not take the following medications, even if prescribed by your doctor. These medications can give a false negative result of your test.

- Metoclopramide (Reglan)
- Bethanechol (Urecholine)
- Erythromycin
- Muscle Relaxers (Flexeril, Cycloflex, Methocarbamol, Metaxalone, Carisoprodol, Cyclobenzaprine)
- Benzodiazepines (Clonazepam, Klonopin, Diazepam, Valium, Lorazepam, Ativan, Midazolam, Versed, Temazepam, Restoril)

DAY OF YOUR PROCEDURE:

Stop eating and drinking 6 hours prior to your exam. You may take all of your usual morning medications with 4 oz of water ***up to 3 hours prior to your procedure unless instructed otherwise by your doctor.***

You may drive yourself home after the procedure.